



RESULTS

Road Mile Women

RECORDS	RESULT	NAME	AGE	VENUE	DATE
World Record Women Only WRwo	4:20.98	Diribe WELTEJI	ETH 21	Riga (LAT)	1 Oct 2023
World Leading WL	4:22.74	Agathe GUILLEMOT	FRA 27	Copenhagen	19 Sep 2026
Area Record AR		National Record NR	Personal Best PB	Season Best SB	

19 September 2026 10:09 START TIME 15° C 88 %
TEMPERATURE HUMIDITY

PLACE	BIB	NAME	DATE of BIRTH	ORDER	RESULT	
1	686	Agathe GUILLEMOT	FRA 11 Jul 99	15	4:22.74	WL
2	678	Freweyni HAILU	ETH 12 Feb 01	13	4:24.35	SB
3	721	Mirriam CHEROP	KEN 25 Jun 99	23	4:25.71	SB
4	662	Annemarie NISSEN	DEN 8 Jul 94	10	4:26.78	PB
5	724	Naomi KORIR	KEN 1 Sep 98	24	4:29.15	PB
6	714	Adelle TRACEY	JAM 27 May 93	22	4:29.30	PB
7	607	Linden HALL	AUS 20 Jun 91	2	4:29.36	AR
8	640	Lucia STAFFORD	CAN 17 Aug 98	7	4:29.51	PB
9	635	Gabriela DEBUES-STAFFORD	CAN 13 Sep 95	6	4:30.59	PB
10	826	Addison WILEY	USA 24 Oct 03	48	4:31.02	
11	820	Gracie HYDE	USA 12 Dec 99	47	4:31.92	
12	604	Sarah BILLINGS	AUS 7 Mar 98	1	4:32.68	PB
13	703	Sarah HEALY	IRL 13 Feb 01	19	4:32.98	PB
14	799	Vera SJÖBERG	SWE 19 May 01	43	4:33.05	PB
15	777	Karabo MORE	RSA 21 Apr 02	36	4:33.27	PB
16	698	Katie SNOWDEN	GBR 9 Mar 94	18	4:33.44	
17	767	Weronika LIZAKOWSKA	POL 2 Nov 98	34	4:34.27	NR
18	796	Delia SCLABAS	SUI 8 Nov 00	40	4:35.48	PB
19	798	Wilma NIELSEN	SWE 2 Jun 01	42	4:35.73	PB
20	736	Vera BERTEMES-HOFFMANN	LUX 2 Nov 96	26	4:36.16	
21	704	Laura NICHOLSON	IRL 29 Mar 00	20	4:36.64	PB
22	739	Fatima Ezzahra BIRDAHA	MAR 1 Mar 04	28	4:36.74	PB
23	797	Joceline WIND	SUI 12 Sep 00	41	4:38.17	
24	653	Kristiina SASÍNEK MÄKI	CZE 22 Sep 91	8	4:38.39	PB
25	620	Mariska PAREWYCK	BEL 13 Dec 88	3	4:39.43	NR
26	687	Augustine HAQUET	FRA 13 Jul 03	16	4:40.14	PB
27	694	Sarah CALVERT	GBR 29 Jun 01	17	4:40.98	PB
28	710	Ludovica CAVALLI	ITA 20 Dec 00	21	4:41.55	PB
29	679	Birke HAYLOM	ETH 6 Jan 06	14	4:42.28	PB
30	809	Patience CHEROP	UGA 15 Jul 06	45	4:43.22	PB
31	780	Carina VILJOEN	RSA 15 Apr 97	37	4:43.28	SB
32	665	Kanari ESTIFANOS	ERI 18 Jun 10	11	4:45.35	PB
33	803	Felister CHEKWEMOI	UGA 15 Aug 07	44	4:47.48	PB
34	785	Claire UWITONZE	RWA 17 Jul 06	38	4:48.50	PB
35	740	Soukaina HAJJI	MAR 4 Feb 97	29	4:49.23	PB
36	758	Alison ANDREWS-PAUL	NZL 18 Dec 97	32	4:50.77	PB
37	762	Kimberley MAY	NZL 8 May 03	33	4:50.99	PB
38	628	July FERREIRA DA SILVA	BRA 27 Oct 94	4	4:53.71	SB
39	737	Marine JOBLIN	LUX 16 Aug 02	27	4:54.95	PB
40	742	Mia Ivana CABRERA	MEX 26 Jul 02	30	4:55.11	PB
41	630	Jaqueline Beatriz WEBER	BRA 6 Apr 95	5	4:57.14	SB
42	661	Mia Helene MØRCK	DEN 16 Nov 99	9	4:59.53	SB
43	672	Kelly NEVOLIIHIN	EST 15 Nov 92	12	5:06.16	
44	815	Julieta FIRPO	URU 31 Oct 03	46	5:15.41	SB



RESULTS

Road Mile Women

45	774	Alessandra RODRIGUEZ	PUR	3 Nov 00	35	5:18.73	PB
46	731	Līga VELVERE-KRŪMIŅA	LAT	10 Feb 90	25	5:28.35	SB
47	789	Romaine Rui-Min SOH	SGP	26 Nov 94	39	5:32.75	SB
48	750	Agathe JULIEN	MON	24 May 88	31	6:17.33	PB

ALL-TIME TOP LIST				2026 TOP LIST		
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE 2026
4:20.98	Diribe WELTEJI (ETH)	Riga (LAT)	1 Oct 23	4:22.74	Aqathe GUILLEMOT (FRA)	Copenhagen 19 Sep
4:21.66	Sinclair JOHNSON (USA)	Honolulu, HI (USA)	13 Dec 25	4:23.25	Jemma REEKIE (GBR)	Düsseldorf (GER) 6 Sep
4:22.54	Miriam CHEROP (KEN)	Honolulu, HI (USA)	8 Dec 18	4:24.35	Frewyni HAILU (ETH)	Copenhagen 19 Sep
4:22.74	Aqathe GUILLEMOT (FRA)	Copenhagen	19 Sep 26	4:25.42	Addison WILEY (USA)	Des Moines, IA (USA) 21 Apr
4:23.06	Frewyni HAILU (ETH)	Riga (LAT)	1 Oct 23	4:25.64	Gracie HYDE (USA)	Des Moines, IA (USA) 21 Apr
4:23.25	Jemma REEKIE (GBR)	Düsseldorf (GER)	6 Sep 26	4:25.71	Miriam CHEROP (KEN)	Copenhagen 19 Sep
4:23.98	Kristlin GEAR (USA)	Des Moines, IA (USA)	22 Apr 25	4:25.75	Gracie MORRIS (USA)	Des Moines, IA (USA) 21 Apr
4:23.99	Nelly CHEPCHIRCHIR (KEN)	Herzogenaurach (GER)	26 Apr 25	4:26.40	Jaylah HANCOCK-CAMERON (AUS)	Ballarat (AUS) 25 Apr
4:24.13	Faith KIPYEGON (KEN)	Riga (LAT)	1 Oct 23	4:26.78	Annemarie NISSEN (DEN)	Copenhagen 19 Sep
4:24.40	Karissa SCHWEIZER (USA)	Des Moines, IA (USA)	22 Apr 25	4:26.92	Annika REISS (USA)	Des Moines, IA (USA) 21 Apr